

The Art Of Asking

3 Keys to Unlocking Your Man and Getting What You Want

By Eva Love

KEY #1: ACKNOWLEDGE

Give him a sincere acknowledgment for something he has already done for you and tell him how it improved your life. The reason that this is important is it's the fastest way to get his attention and he will feel like he is winning with you.

When your man knows that he can put a smile on your face, that's winning for him. And it's EVERYTHING to a healthy man! (Now the reason I'm saying a healthy man is because what I'm teaching you doesn't apply if your guy is an addict or has a personality disorder like a narcissist.)

If your guy has withdrawn from you, doesn't do what you ask or you wonder why you argue so much, then it's a sure indication that **he doesn't feel that he can win with you**. When you acknowledge him, be sure to tell him **how what he did made a difference** to you, then he'll look forward to the next time he can do something to put a smile on your face.

Your acknowledgment may sound something like this: "Thank you so much for doing the dishes last night, it was great to be able to take a nice long relaxing bath. I slept like a baby." Or another one: "Thank you so much for fixing the screen door. That squeak was driving me crazy. It's so peaceful and quiet now." Or "I just love that you got my car washed. It makes me so happy to drive a clean car."

What makes him want to be with you is not how much you love him or even how much he loves you, it's how he feels about himself when he's with you.

Your guy needs to know how his actions made a difference in your life. It will make him feel like a good man and will draw him closer to you.

KEY #2: INVITE

Ask for what you want using this language. “I would love it if you would...” or “It would make me so happy if you would...”

For example, “Sweetie, **I would just love it if you would** take the kids to the park on Saturday morning from 9 to 11 so I can have breakfast with my women’s club? It really rejuvenates me to be with my women friends.”

Or **“It would make me so happy if you would** wash down the patio chairs and table. I just love to sit out there when it’s all clean.”

Practice using those two phrases; **“I would love it if you would...”** and **“It would make me so happy if you would...”** They are magic!

If he responds that he can’t do it or that he doesn’t have what it takes to get it done, just say: **“I have confidence in you. I trust that you’ll figure it out.”**

If in the past you have been critical of him for something he did for you, then he’ll doubt his ability to make you happy and may think, “So why try?” Don’t be surprised if he grumbles after you ask. It’s going to take a while before he gains the confidence that he can win with you.

If he gives you some reason why he can’t do it and you respond with “Oh, I knew you’d find some reason to say no” you just killed his motivation. By telling him that you trust that he will figure it out, you show confidence in him which will give him the energy and motivation to do it for you.

Inviting him to do something for you means **no demanding**. And I get it, you don’t think you are being demanding...but to your man, if he doesn’t feel like he can say no without you being unhappy, then to him it’s a demand.

A guy needs to feel that he has a choice in the deal. No one wants to feel trapped into a doing something. If you want your man to do things for you **ask him in a way that motivates and inspires him to deliver for you.** And follow through so that he’s confident that at the end of producing he’ll win with you...and that’s what you’re learning from The Art of Asking.

Now, when I say no demanding, I'm NOT saying stop asking. On the contrary, the more you ask, the happier he'll be because he'll be winning with you. The key is how you ask. And learning how to ask doesn't just help with your relationship with your man, but with all the men in your life, your dad, your brothers, sons, boss, co-workers, and employees. Plus it even will help your relationships with the women in your life.

My client Sheila came to me because she was so frustrated with her husband. He seemed to just have tuned her out and the only response she could get out of him is when she made his favorite meal or was offering sex. Otherwise it was just the bare basics of conversation between them. After she started using my Art of Asking method, her husband started giving her much more of what she wanted and was back to his warm, talkative self with her. And probably like you, she didn't see that her asks were really demands. She later admitted that previously if he said no that she would get upset and withdraw from him.

So, you may be asking: "How do I let go of my disappointment, frustration or anger if he says no?" By trusting that the Universe or God, whatever term you use, will provide whatever you need. And for some of you that may be a big leap, but try it, it works.

Even if it seems like you don't have another option, if you trust that the Universe – God will provide, it will. Remember "Ask and you shall receive."

There's a lot more that I can say about this, but we'll have to save it for later. Just know that when you let go of your attachment to his answer, it's the most freeing feeling and puts the brakes on coming off as demanding or needy. Being needy is when your happiness is tied to whether he gives you what you want.

KEY #3: APPRECIATE

Sometime after the ask, **give him appreciation before he delivers** so he knows that there's more to come when he does what you want. You can say something like, "I so appreciate your help with the kids on Saturday. It will feel so good to have a break." Or "I'm so excited about sitting out on the patio once the chairs and table are cleaned. I really appreciate you doing that for me and the family."

When he delivers, give him a lot of appreciation, show your excitement, give him a big smile and let him know how happy you are.

And when he delivers, whatever you do, don't criticize anything about what he did. If there's something you don't like, later create another ask.

For example, if you asked him to load the dishwasher and he did it, don't tell him how he did it all wrong. If you do that, he'll likely never load the dishwasher again. Instead, next time you're in the kitchen with him, show him how you like the dishwasher loaded. Do it playfully and without a hint of criticism for how he did it before.

Or if he bought you some lingerie for your birthday, don't immediately look at the size and tell him that he got it wrong. Show him your excitement and how much you love it. Later you can gently tell him it was a little too small (or too large) and ask him for the receipt so you can return it for the correct size.

Now some women object to this. They say, "Why should I give him appreciation, when he doesn't give it to me?" My answer is: **Only give him appreciation if you want him to happily give you what you want.**

Pro Hint: When it's time for him to buy you a gift, slip a little note into his wallet with your sizes on it or a list of items that you'd love for him to select from. It's not a good idea to just give him one thing. Remember, **for him to be excited about it, it has to be his choice.** Your guy wants to make you happy, so make it easy for him and he'll be so grateful that he'll always be able to hit a homerun for you.

There's so much more that I can teach you about this, but I don't want this report to get too long. However, there's just one more really important point about asking, so keep reading for a **Bonus Key.**

BONUS KEY: BE THE PRINCESS.

Stop doing everything yourself. And you may be thinking, "Well he's not going to do it, so if I don't, who is?" I get it. But that's the old way. The reason this is important is because when you do everything yourself you are emasculating him. You're showing him that he's not important to you, which makes him feel discouraged. The number one phrase I hear from men who are getting a divorce is: **There's just no pleasing that woman, so why try.**

The first step to have him feel important in your life is to make a list of things that you would love for your guy to do for you. And don't drop them all on him at once. Just do one at a time. Let him get a win before asking for the second

thing. This may work right away or you may need to do this several times before he realizes that he is going to feel good at the end of delivering for you. If you have been critical of him, he will probably be reluctant about engaging with you.

Men go towards yum and away from yuck. Be the yum in his life and he will be faithful and want to be with you.

Remember, **everything that you do or say to him is either building your relationship up or tearing it down.** You have the power to build it up and create a happy, healthy relationship with him and create magic.

If you'd like additional ways to have more love, happiness and peace in your relationship, drop me an email at eva@evalove.net. First we'll assess what's going on and then create a road map to get you and your man where you want to be.